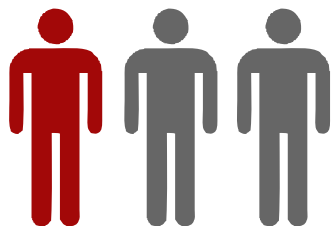


Chronic Disease Awareness Survey: We Have Work To Do



33% don't think diabetes is a chronic disease.



37% think what they eat has little to do with whether they get a chronic disease.



32% think that lung cancer is the only chronic disease affected by smoking.

40% who DO NOT have and 30% who DO have a chronic disease don't think heart disease and hypertension are chronic diseases.

The majority of people agree that reducing stress, exercising, improving their diet or regularly visiting a doctor can help prevent chronic diseases.

STRESS

60%

said they know they should take steps to reduce stress in their daily lives but don't.

EXERCISE

64%

said they do not exercise regularly but are aware that they should.

DIET

57%

admit they don't take the steps they should to improve their diet.