Patients received prescription benefits through CVS/caremark and filled 30 or 90-day prescriptions at CVS/pharmacy.


Half of patients in treatment for chronic conditions drop off therapy in the first year, with the biggest drop-off occurring in the first month.1 This non-adherence costs the United States nearly $300 billion and tens of thousands of lives each year.2

A CVS Health Research Institute study published in the American Journal of Managed Care found that ReadyFill®, the prescription refill program available at CVS/pharmacy®, improved patient medication adherence without leading to an oversupply of their medication.

Researchers looked at data on 250,000 patients* who took medication to treat one or more of 11 common conditions.

A recent study shows prescription refill programs improve adherence, too.

Compared to a control group, patients enrolled in ReadyFill:

Had significantly greater adherence

+3 points MPR™ with 30-day prescription

+1.4 points MPR™ with 90-day prescription

Had less excess medication on hand

2.5 fewer days of oversupply with 30-day prescription

2.2 fewer days of oversupply with 90-day prescription

A prescription refill program offers convenience, but do they improve adherence?

Imagine you take:

3 different medications

2x per day to manage your chronic conditions.

That’s more than 180 times a month that you have to remember to take your medication.

And before you run out of your medication, you have to remember to order your refill and pick it up at the pharmacy.

Prescription refill programs help patients by:

- Initiating a refill before the current supply runs out
- Notifying them when the prescription is ready for pickup

Discover more:

www.cvshealth.com

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