

# Improving Health Care Delivery and Fostering Innovation



CVS Health is leveraging a unique set of capabilities to address some of the most pressing challenges in the U.S. health care system.

## Nearly half

of all American adults suffer from one or more chronic diseases, such as diabetes, hypertension and cardiovascular disease<sup>1</sup>

## \$42 trillion

projected cumulative cost of chronic disease care between now and 2030<sup>2</sup>



Opportunities to **improve care** and **reduce costs**

Contributing factors



## Nearly \$300 billion

and tens of thousands of lives can be saved annually by helping Americans take their medications as prescribed<sup>3</sup>



## \$25 to \$45 billion

a year could be saved through better care coordination and management of care transitions<sup>4</sup>



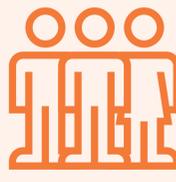
## At 80%

less expensive, urgent care centers and retail health clinics provide services with same or better outcomes than the ER<sup>5</sup>



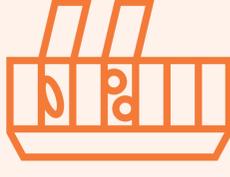
## 47% of adults

have at least one of three major risk factors for heart disease or stroke<sup>6</sup>



## >15%

of American adults were current smokers in 2015<sup>7</sup>



## Half of patients

do not take their medications as prescribed<sup>8</sup>

## How CVS Health is making a difference



In the evolving health care landscape, CVS Health is expanding access to quality, affordable health care. Nearly 36,000 pharmacists, nurses, nurse practitioners and physician assistants are on the front lines of providing patient care through a comprehensive suite of offerings. This deep clinical expertise allows CVS Health to partner broadly across the health care landscape, forging strong connections with patients, payors and providers.

**Pharmacists** in 9,700 CVS Pharmacy locations provide care, medication and counsel, **promoting adherence** and closing gaps in care

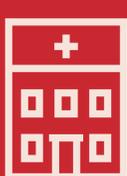


Nurse practitioners and physician assistants at 1,100 MinuteClinic locations diagnose, treat and monitor common conditions, perform health screenings and deliver vaccinations and wellness services



**Health systems affiliations connect care across the health continuum**

Collaborations with 70 major health systems support joint clinical programs and electronic health records integration



CVS Health **digital tools** help people start and **stay on their prescriptions** while reducing health care costs



**Comprehensive infusion services**, provided through Coram, care for 140,000 patients annually

Omnicare is a leading provider of pharmacy services in long-term care settings, serving more than one million patients a year

<sup>1</sup>Centers for Disease Control, "Chronic Disease Overview." Available at: <https://www.cdc.gov/chronicdisease/overview/>

<sup>2</sup>Partnership to Fight Chronic Disease. Available at: <http://www.fightchronicdisease.org/latest-news/new-national-data-shows-projected-total-cost-chronic-disease-2016-2030-america-42>

<sup>3</sup>NEH Research Brief, "Thinking Outside the Pillbox: A System-wide approach to Improving Patient Medication Adherence for Chronic Disease." NEH, 2009.

<sup>4</sup>Berwick D, Hackbarth A. "Eliminating Waste in US Health Care." JAMA. 2012;307(14):1513-1516. doi:10.1001/jama.2012.362

<sup>5</sup>Mehrotra, Ateev, Liu Hangsheng, John L. Adams, et al. "Comparing Costs and Quality of Care at Retail Clinics with that of Other Medical Settings for 3 Common Illnesses." Annals of Internal Medicine. 151 no. 5 (2009):321-328.

<sup>6</sup>Fryar CD, Chen T, Li X. Prevalence of uncontrolled risk factors for cardiovascular disease: United States, 1999-2010. NCHS Data Brief, No. 103. Hyattsville, MD: National Center for Health Statistics, Centers for Disease Control and Prevention, US Dept. of Health and Human Services; 2012.

<sup>7</sup>Centers for Disease Control and Prevention. Current Cigarette Smoking Among Adults—United States, 2005-2015. Morbidity and Mortality Weekly Report 2016;65(44):1205-11.

<sup>8</sup>Osterberg L, Blaschke T. "Adherence to Medication." New Engl. J. Med., Aug 4, 2005; 353(5): 487-97.

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