Investing in Adherence Can Help Drive Improved Outcomes and Lower Total Health Care Costs

**Savings per adherent patient per year:**

- Congestive Heart Failure: $7,823
- High Blood Pressure: $1,258
- High cholesterol: $3,908
- Diabetes: $3,756

If they are optimally adherent, patients who experience a heart attack are 24 percent more likely not to be readmitted to the hospital for another heart-related issue.

Patients with chronic conditions who are adherent stay 7 to 10 average fewer days away from work.